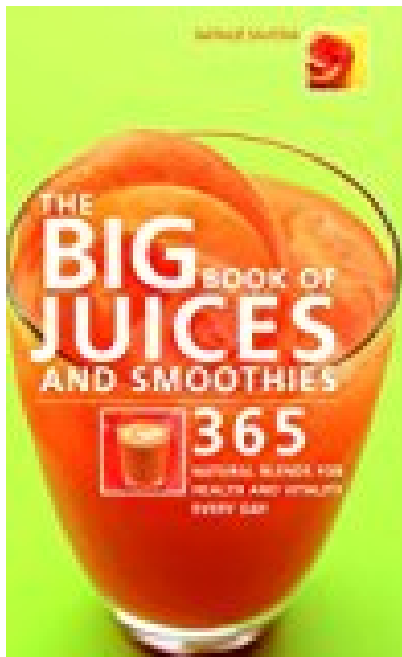


The Big Book of Juices and Smoothies 365 Natural Blends for Health and Vitality Every Day The Big Book of...Series



BOOK DETAILS

- Author : Natalie Savona
- Pages : 192 Pages
- Publisher : Duncan Baird Publishers
- Language : English
- ISBN : 184483266X

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BOOK SYNOPSIS

Offers over four hundred recipes for juices, smoothies, and quenchers, and includes nutrition tips and an index that sorts the juices by key ingredients, by nutrients, and by health benefits.

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