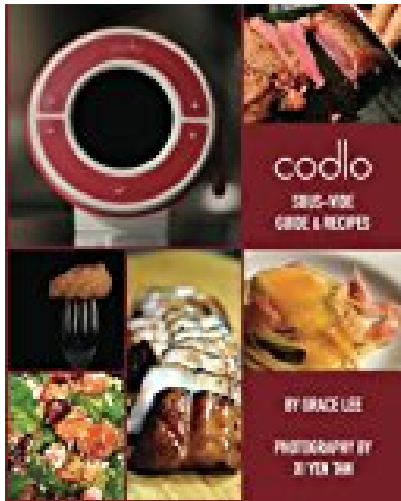


Codlo Sous-Vide Guide & Recipes The ultimate guide to cooking sous-vidé



BOOK DETAILS

- Author : Grace Lee
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BOOK SYNOPSIS

A full-color, complete guide to sous-vidé - whether you're just starting out or are already cooking sous-vidé, this is the perfect companion. Introduction to sous-vidé: what is sous-vidé cooking, how-to guides, cooking tips, food safety guidelines 36 sumptuous recipes spanning eggs, poultry, pork, beef, lamb, seafood and vegetables with beautiful photography Sous-vidé temperature guide: easy-to-follow charts for every food type Codlo's compact, innovative approach enables you to cook sous-vidé at home by upgrading your existing kitchen equipment. Learn more about Codlo at www.codlo.com today!

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